

Welcome to your update from East Riding of Yorkshire CCG! We hope you are finding these updates useful and they are helping you or someone you know to access help and support during these unprecedented times. The update below is full of the latest news and events.

Have your say on the paediatric services at Scarborough Hospital

Are you interested in sharing your experience of the paediatric services at Scarborough Hospital? We would like to invite you to take part in a focus group to hear your views.

The focus groups will be held via Zoom and take place:

- Tuesday 8 June 2021 - 2pm - 3.30pm
- Thursday 10 June 2021 - 10am - 11.30am
- Wednesday 16 June 2021 - 5.30pm - 7pm

This is a great opportunity for us to gather meaningful and informed feedback from service users and carers with experience of accessing the service. (Paediatrics is the area of medicine that manages medical conditions affecting infants, children and young people).

If you would like to take part in one of the focus groups, please confirm your attendance by emailing nyccg.engagement@nhs.net or phone 01723 343660 and advise the date you would like to join. We will send further details, with a link to the Zoom meeting a couple of days before the event.

Your feedback will help us to understand how our services are performing and are being received by local communities.

Help us help you be prepared for the bank holiday weekend

Hull and East Riding residents are encouraged to ensure they are prepared for the upcoming bank holiday, Monday 31 May 2021, and reminded which NHS services will be available.

Urgent Treatment Centres (UTC), out of hours GP services and some pharmacies across Hull and East Riding of Yorkshire will remain open. However, GP practices and most pharmacies will be closed on the bank holiday.

If you need medical help, the NHS is still here for you. Be prepared by checking your medicine supply and making sure you order any required prescriptions in good time.

Some pharmacies will be open on bank holiday Monday to ensure you can access services if necessary. You can find out which pharmacy is open near you by visiting www.nhs.uk/service-search/find-a-pharmacy.

If you need to access GP services on bank holiday Monday, routine appointments are available by contacting your GP if you live in Hull, or through [Improving Access in the East Riding](#).

For urgent medical help, please use the NHS 111 online service (<http://111.nhs.uk>). If you cannot get online, call 111.

UTCs can treat minor ailments such as cuts, burns and suspected fractures, with no appointment necessary. Find out more about East Riding UTCs [here](#) and Hull UTCs [here](#).

If you need mental health support, the Hull and East Riding Mental Health Response Service will remain operational over the bank holiday weekend. Individuals in crisis can access their services on 01482 301701.

If you are in a serious or life-threatening emergency, call 999.

NHS Hull and NHS East Riding of Yorkshire CCGs want to thank local NHS services for their continued support during this difficult and challenging time.

Better Care stakeholder bulletin

East Riding of Yorkshire Clinical Commissioning Group, East Riding of Yorkshire Council and other partner organisations are working together to transform the way health and care is delivered to patients by bringing services closer together. Through the Better Care project we have implemented a number of different projects, designed to improve local residents' health and wellbeing. [Please see the latest Better Care bulletin giving you an update on progress of our project to date.](#)

Humber, Coast and Vale Cancer Alliance – Get Involved

Our Cancer Alliance brings together all the organisations that commission and provide cancer services in the Humber, Coast and Vale region. Together, we are working to improve early diagnosis, survival, quality of life and patient experience for people with cancer. We are committed to ensuring that the voices of people affected by cancer are at the heart of service improvements. So if you are a patient, family member, carer or friend, we would love you to get involved.

We are currently seeking a patient representative for the Cancer Alliance System Board and a Public and Patient Voices Forum Member for the NHS Cancer Programme. For more information and to apply, please visit <https://hcvcanceralliance.org.uk/get-involved-2/>. By championing the patient, service user, carer and family perspective, you can help make sure that the care provided is what people really need.

To find out more about Humber, Coast and Vale Cancer Alliance, you can visit our [website](#), read our [quarterly newsletters](#), or follow us on [Facebook](#) and [Twitter](#).

Is your child vaccinated? No, we're not talking about COVID!

Vaccines are the hottest topic on everyone's lips at the moment, but the COVID-19 vaccine isn't the only one parents need to remember.

Vaccination is the most important thing we can do to protect our children against ill health. In fact, they prevent up to three million deaths worldwide every year.

Since vaccines were introduced in the UK, diseases like smallpox, polio and tetanus that used to kill or disable millions of people are either gone or seen very rarely.

However, if people stop having vaccines, it's possible for infectious diseases to quickly spread again and so it is very important to ensure your child is vaccinated.

You'll usually be contacted by your GP surgery when your child is due for a routine vaccination, however, if you know your child is due for a vaccination, it's best to speak to your GP surgery to book an appointment, you do not need to wait for them to contact you.

Dr Amy Oehring, local GP and member of the Hull Children, Young People and Families Board, said: "Vaccines teach your child's immune system how to create antibodies that protect them from diseases. It's much safer for their immune system to learn this through vaccination than by catching the diseases and treating them.

"All vaccines are thoroughly tested to make sure they will not harm you or your child and it often takes many years for a vaccine to make it through the trials and tests it needs to pass for approval.

"Protecting your children through vaccination is one of the most important things you can do. I understand it is hard to see your little one feeling uncomfortable, but any mild side effects, such as a high temperature or sore arm, will only last a couple of days and can be eased with liquid paracetamol or ibuprofen."

You can find out when your child is due their vaccinations online here:
<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

Draw a Logo Competition for a new Hull and East Riding Children's Neurodiversity Service

We are inviting children and young people who live in Hull and East Riding of Yorkshire to draw a logo for a new service, the Hull and East Riding of Yorkshire Children's Neurodiversity Service.

The competition runs across the month of June with the last day for receipt of an entry being 30 June. Judging will take place by the end of July, 2021 and winners will be notified as soon as possible after that.

We would like you to draw a picture that can be used and shared as a new logo for the service that will bring many different services working together to support children and young people (0-25 years) with lots of different needs.

This service will support children/young people with neurodiverse needs such as autism, learning disabilities, epilepsy, cerebral palsy, ADHD, sensory processing, speech and language, occupational therapy, physiotherapy and much more. There are 3 prizes to be won:

- 1st prize - £30 voucher and being the logo used by the service.
- 2nd prize - £20 voucher
- 3rd prize - £10 voucher
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The entry form should be printed, with the picture drawn in the box and returned to the FREEPOST address included on [the form](#).

Parents must sign the entries and give a contact number/email please. Good luck!

HUTHT Patient Engagement Forum

Hull University Teaching Hospitals NHS Trust's Improvement Team's next Patient Engagement Forum is on Wednesday 23 June.

Dr Liz Herrieven, Consultant in the Emergency Department Paediatric team, will be sharing the processes the trust have in place to assist patients attending who have a learning disability, autism or additional needs, enabling them to have a better experience.

[Click here to register.](#)

Please stay safe and keep smiling.

Best wishes,

East Riding of Yorkshire Clinical Commissioning Group