

Welcome to your email update from East Riding of Yorkshire CCG! We hope you are finding these updates useful and they are helping you or someone you know to access help and support during these unprecedented times. The update below is full of the latest news and events.

Local NHS staff honour World Hand Hygiene Day



This World Hand Hygiene Day, it's never been more important to practice good hand hygiene. Watch the YouTube video to see local NHS staff and other volunteers show you why it's so vital. Save lives, clean your hands!

www.youtube.com/watch?v=BO9W362Dk0c

International Day of the Midwife

Over the past year, midwives have worked in extraordinary circumstances to provide excellent care to women and their families across our region.

To mark [International Day of the Midwife](#) on Wednesday 5 May, the Communications team at Humber, Coast and Vale Health and Care Partnership (HCV) spoke to Sallie Ward, Lead Midwife for the Local Maternity System (LMS). Read the interview [here](#).

Free hospital parking for disabled drivers at NLaG hospitals

Blue badge holders parking at Grimsby, Goole and Scunthorpe hospitals will no longer be charged to park.

Jug Johal, director of estates and facilities, at Northern Lincolnshire and Goole NHS Foundation Trust, said: "For a long time now we have offered a low fixed rate tariff fee for disabled drivers but from April 26 we are implementing free parking for blue badge holders at our three hospitals.

"Our car parks operate using automatic number plate recognition technology so patients and visitors who are already registered on our systems won't need to do anything to claim the concession, the barrier will simply lift for them, there is no need to visit the pay station."

Anyone who is not on the system needs to follow the instructions below.

Cancer patients attending for a course of treatment, those visiting for prolonged visits with a patient who is at the end of their life and parents staying with a sick child overnight can already claim free parking and will continue to be able to.

Staff parking continues to be free during the pandemic, but when charges do get re-instated disabled staff members will be able to claim free parking, and night shift workers will also get discounted parking.

How to claim each concession

Blue badge holders: patients and visitors who have already registered their blue badge with the car parking team will not need to do anything. If people have not registered yet they need to email parking.nlag@uk.issworld.com with their name, blue badge number (and a copy of the front and back of the blue badge) and their vehicle registration number. Staff parking is currently free but when they are re-instated disabled staff will also be able to register for free parking. Staff do not need to do anything yet as staff parking remains free during the pandemic.

Frequent outpatient attenders: This applies to patients who have to attend hospital for an appointment at least three times within a month and for an overall period of at least three consecutive months. Those eligible can pick up a claim form from the Car Parking and Security Offices on site. They will need to keep hold of their receipts and put a claim in retrospectively outlining which department they attended on which date. This starts from the end of April, so the earlier that patients will be able to claim is in August for the period May – July.

Parents staying with a sick child overnight, cancer patients and those visiting for prolonged visits with a patient who is at the end of their life: these concessions are already offered by the Trust. Ward managers, or their deputies, can provide a letter detailing the reason for the concession which needs to be emailed to the Car Parking and Security team on parking.nlag@uk.issworld.com

Free webinar for small and medium sized enterprises to help prevent modern slavery

The Shiva Foundation and STOP THE TRAFFIK are running a free webinar for small and medium sized enterprises to help them address modern slavery risk in their business. The workshop aims to explain the key steps outlined in a free toolkit the organisations have created specifically for SMEs.

The toolkit includes key features such as a simple risk self-assessment, practical steps to protect employees, and clear guidance on how to report modern slavery

concerns (it can be accessed [here](#)). The workshops will cover the business case for modern slavery prevention, key steps SMEs can take with tools to support, and a Q&A with attendees.

The webinar takes place on Thursday 27 May, 10-11am, click the following link to register: <https://bit.ly/30u6LQn>.

Making life easier for individuals and families affected by acquired brain injury



Every 90 seconds there is a hospital admission for an Acquired Brain Injury* It can happen to anyone, any place, at any time.

After suffering a brain injury and upon leaving hospital, life can be very different. Recovery can often be a long, challenging journey and in many cases, people are vulnerable as they adapt to life as their brain recovers. Some people struggle to maintain their relationships, friendships and the normal daily routines they had before their injury. The effects of brain injury can be life-long.

What we do

Working in partnership with NHS Hull CCG and the City Health Care Partnership, the P.A.U.L. for Brain Recovery charity provide a post-acute support service, with an access point in the community for individuals and families affected by brain injury. We aim to make life easier after brain injury by offering community support, guidance and education to help manage the different stages of recovery and minimise the long-term effects.

Our story

Founder and CEO of the charity – Paul Spence knows of the impact of brain injury after he suffered a brain haemorrhage in 2012. Paul faced a difficult recovery journey, in which he soon realised there was a lack of support in the community for himself and his family. Paul set-up the P.A.U.L. for Brain Recovery charity in 2015 after he felt there needed to be somewhere to go, a lifeline, a place to obtain Positivity, Awareness, Understanding and Love during brain injury recovery.

Support plan

Since brain injury recovery is experienced differently by everybody, we take a person-centred and holistic approach. Our sessions focus on engaging in activities that help the brain to heal and adapt, whilst working towards any aspirations that the individual would like to achieve. Support plans can combine any of our free sessions and activities. These include, frequent social meet-ups, day trips, yoga, gym, time at our allotment, walking groups, peer support and advocacy/signposting. We also hold family support sessions and one-to-one and group education sessions.

How our sessions and activities help

All of our sessions and activities aim to improve quality of life. They help service users to manage their difficulties by offering practical skills and knowledge.

Many of our sessions and activities aim to reduce social isolation which can be a common consequence of brain injury. The charity provides a safe place to feel supported by others going through a similar experience, which provides reassurance that they are not alone in how they are feeling. Other benefits include improved health and wellbeing, finding purpose and feeling a sense of belonging.

We have built a thriving, social community of people who support one another towards living a happy and meaningful life.

COVID-19 impact

Over the past year or so, the charity service has been mainly operating as a remote service. From the w/c 19 April 2021 we will begin to introduce small group, face-to-face sessions at the charity. Other services will continue to be run virtually with the aim of resuming our full-service provision from the P.A.U.L For Brain Recovery centre as soon as possible.

How you can help our community

If you know of any person over the age of 18 that has suffered an acquired brain injury, please let them know about our service. New enquiries can call the centre on 01482 620229 or email info@paulforbrainrecovery.co.uk

We heavily rely on fundraising from the kind-hearted members of the public. This ensures we can continue to support, guide and ultimately change lives in our community. For more information on fundraising call 01482 620229 or email info@paulforbrainrecovery.co.uk

*UKABIF APPG 2018

Please stay safe and keep smiling.

Best wishes,

East Riding of Yorkshire Clinical Commissioning Group